

## Skills Profile

# Kathrin Behme

### Training Topics

- ④ **Communication** (Conversational Skills, Nonviolent Communication, Presentation)
- ④ **Holistic Time Management** (Goals and Meaning in Life, Self-organisation)
- ④ **Learning & Knowledge Transfer** (Training Methods, Suggestopedia, Knowledge Transfer)
- ④ **Individual Strengths** (Quiet people, Strength-based trainings)
- ④ **Change Management** (Leading Change, Teambuilding, Collegial Advice)
- ④ **Shaping cooperation in self-organised teams**  
(for more information visit [www.awisu-akademie.de](http://www.awisu-akademie.de))

The **content and duration** of all training topics **can be adjusted** according to the needs and preferences of your team. Also, for many training topics an **interactive online version** is available.

### Furthermore, ...

- ④ **I moderate workshops** for small and large groups to their preferred topics and in their requested time frame.
- ④ **I accompany knowledge transfers** between knowledge bearers and knowledge takers.
- ④ **I provide coaching** to you or your team in situations of change and transformation.



### About Me

- ④ University degree in **Communication Science** (M.A.), **German Studies** and **Anglophone Studies** (B.A.) at the University of Duisburg-Essen
- ④ Long-term experience as a **trainer in the area of adult education and youth work**, teaching various topics from the field of social skills
- ④ Several years of experience working in **personnel development** in different companies.
- ④ Certified Trainer of **Suggestopedia** (DGSL)
- ④ Certified **Coach** (DVWO)
- ④ Certified **Online-Trainer** (IHK)